

## Clear, Peachy Skin Awaits Anyone Who Drinks Hot Water

Say an inside bath, before breakfast, fast helps us look and feel clean, sweet, fresh.

Sparkling and vivacious—merry, bright, alert—a good, clear skin and a natural, rosy, healthy complexion are assured only by pure blood. If only every man and woman could be induced to adopt the morning inside bath, what a gratifying change would take place. Instead of the thousands of sickly, anaemic-looking men, women and girls, with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-checked people everywhere.

An inside bath is had by drinking each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance, awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood while the pores in the thirty feet of bowels do.

## LESS MEAT IF BACK AND KIDNEYS HURT

Take a glass of Salts to flush kidneys if bladder bothers you—Drink lots of water.

Eating meat regularly eventually produces kidney trouble in some form or other, says a well-known authority, because the uric acid in meat excites the kidneys, they become overworked, get sluggish; clog up and cause all sorts of distress, particularly backache and misery in the kidney region; rheumatic twinges, severe headaches, acid stomach, constipation, torpid liver, sleeplessness, bladder and urinary irritation.

The moment your back hurts or kidneys aren't acting right, or if bladder bothers you, get about four ounces of Jad Salts from any good pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush clogged kidneys and stimulate them to normal activity; also to neutralize the acids in the urine so it is no longer irritating, thus ending bladder disorders.

Jad Salts cannot injure anyone; makes a delightful effervescent lithia water drink which millions of men and women take now and then to keep the kidneys and urinary organs clear, thus avoiding serious kidney disease.

## GRANDMA NEVER LET HER HAIR GET GRAY

She kept Her Locks Dark and Glossy, with Sage Tea and Sulphur.

When you darken your hair with Sage Tea and Sulphur, no one can tell, because it's done so naturally, so evenly. Preparing the mixture, though, at home is messy and troublesome. For 50 cents you can buy at any drug store the ready-to-use preparation, improved by the addition of other ingredients, called "Wyeth's Sage and Sulphur Compound." You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning all gray hair disappears, and, after another application or two, your hair becomes beautifully darkened, glossy and luxuriant.

Gray, faded hair, though no disgrace, is a sign of old age, and as we all desire a youthful and attractive appearance, get busy at once with Wyeth's Sage and Sulphur Compound and look years younger. This ready-to-use preparation is a delightful toilet requisite and not a medicine. It is not intended for the cure, mitigation or prevention of disease.

## YOUR WYETH'S

is your best friend or your worst enemy. Active it's your friend. Torpid it's your enemy, and its enemy is Constipation. Biliousness, Headache, etc.

## RAMON'S PILLS

make active, strong and healthy livers, preventing and relieving liver troubles.

Complete Treatment 25c.

## WILSON'S SERVICE TO AMERICA'S FARMERS

Remarkable Record Set Forth in Letter by the President on Signing Bill.

### NEW LAWS; NEW OUTLOOK

Farm Loan Act, Federal Reserve Bank, Provisions for Warehouse and Marketing Facilities Are Part of Program Executed by Democrats.

No administration has ever done so much to advance the agriculture interests of the United States as that of President Wilson. The record is set forth chiefly and effectively in a letter written by the President to Congressman A. F. Lever, Chairman of the Committee on Agriculture of the House of Representatives, as follows:

THE WHITE HOUSE.

Washington.

August 11, 1916.

My dear Mr. Lever:

It has given me much satisfaction to approve today the bill making appropriations for the Department of Agriculture for the fiscal year ending June 30, 1917, and for other purposes, because the bill not only makes very generous provision for the improvement of farm production in the nation and for investigations and demonstrations in the field of the marketing of farm crops and of the organization of rural life, but also contains three well conceived measures designed to improve market practices and the storage and financing of staple crops. As the passage of this bill marks the practical completion of an important part of the program for the betterment of rural life which was mapped out at the beginning of the administration, I feel that I cannot let the occasion pass without conveying to you and your associates in both houses my appreciation of the service rendered to the nation in strengthening its great agricultural foundations.

The record, legislative as well as administrative, is a remarkable one. It speaks for itself and needs only to be set forth.

1. Appreciation of the importance of agriculture has been shown through greatly and intelligently increased appropriations for its support.

2. Particular pains have been taken to foster production by every promising means, and careful thought has been given especially to the matter of increasing the meat supply of the nation.

3. Greatly increased provision has been made, through the enactment of the Co-operative Agricultural Extension Act, for conveying agricultural information to farmers and for inducing them to apply it. This piece of legislation is one of the most significant and far reaching measures for the education of adults ever adopted by any government. It provides for co-operation between the States and the Federal Government. This is a highly important and significant principle. When the Act is in full operation there will be expended annually under its terms, from Federal and State sources alone, a total of over \$8,600,000, in the direct education of the farmer; and this amount is being and will be increasingly supplemented by contributions from local sources. It will permit the placing in each of the 2,850 rural counties of the nation two farm demonstrators and specialists who will assist the demonstrators in the more difficult problems confronting them.

4. Systematic provision for the first time has been made for the solution of problems in that important half of agriculture which concerns distribution—marketing, rural finance, and rural organization.

5. Provision was made promptly for the creation of an Office of Markets and Rural Organization and the appropriations for this Office, including those for enforcing new laws designed to promote better marketing, have been increased to \$1,200,000. The more difficult problems of marketing are being investigated and plans are in operation for furnishing assistance to producers of perishables through a market news service. A similar service for live stock interests will be inaugurated during the year.

6. The problems of securing the uniform grading of staple crops, of regulating dealings and traffic in them, of developing a better system of warehouses, and of providing more available collateral for farm loans has been successfully dealt with.

7. Under the Cotton Futures Act standards for cotton have been established, the operations of the futures exchanges have been put under supervision, and the sale of cotton has been placed on a firmer basis.

8. The United States Grain Standards Act will secure uniformity in the grading of grain, enable the farmer to obtain fairer prices for his product, and afford him an incentive to raise better grades of grain.

9. The United States Warehouse Act will enable the Department of Agriculture to license bonded warehouses in the various States. It will lead to the development of better storage facilities for staple crops and will make possible the issuance of reliable warehouse receipts which will be widely and easily negotiable.

10. Of no less importance for agriculture and for the national develop-

## FRENCH FIGHTING MEN



—Photo by Paul Thompson, New York City.

Public interest of late has been shifted from the German army to the wonderful French legions. In this picture is seen one of the auto-bazars that the French government sends to the front and from which the soldiers may purchase wines and other delicacies at cheaper rates than charged by civilian traders.

## "DRYS" FEAR THE PEOPLE OPPOSES THE REFERENDUM

AFRAID TO LET THEM VOTE ON THE QUESTION OF NATIONAL PROHIBITION

DOES J. FRANK HANLY, PROHIBITION CANDIDATE FOR PRESIDENT

## FAVOR POLITICIANS ALSO THE RECALL

Want State Legislators, Instead of the General Public, to Ballot—Joseph Debar, President of National Wholesale Liquor Dealers' Association, Criticizes Desert Folk's Attitude

Indianapolis Star Whacks Camel's Jockey for His Open Distrust of American Citizens—If State Goes "Dry," He Believes There Shall Be No Reconsideration

"It is perfectly plain that the 'drys' are still afraid of submitting the question of national prohibition to a vote of all the people."

This was a statement made by Joseph Debar, president of the National Wholesale Liquor Dealers' Association, in reference to the proposed amendment to the Constitution which specifically refers the question of national prohibition to the state legislatures.

"Further evidence of hypocrisy on the part of the Anti-Saloon League comes from a statement made by Wayne B. Wheeler, national attorney for that organization, claiming that the resolution to present an amendment for national prohibition to the states is for the purpose of submitting the question to the people."

"Attorney Wheeler says, referring to a candidate who refused to obey the dictates of the Anti-Saloon League, 'He seems to think that the people in the states do not have enough sense or intelligence to pass on this question or to amend their own constitution. A senator who does not trust the people, should not be trusted by them.' This statement is a paradox and further evidence of hypocrisy on the part of the Anti-Saloon League, because the proposed amendment does not, as explained by Attorney Wheeler, submit the question to the people in the several states."

The injustice of it. "On the contrary, it specifically submits the question to the legislatures (that is, the politicians), the result of which will be that a state like Idaho with less than 200,000 population, will have the same voice in determining the question as New York state with nearly ten million population. Arizona with less than 200,000 population will have the same voice as Pennsylvania with nearly eight million and Ohio with nearly five million population."

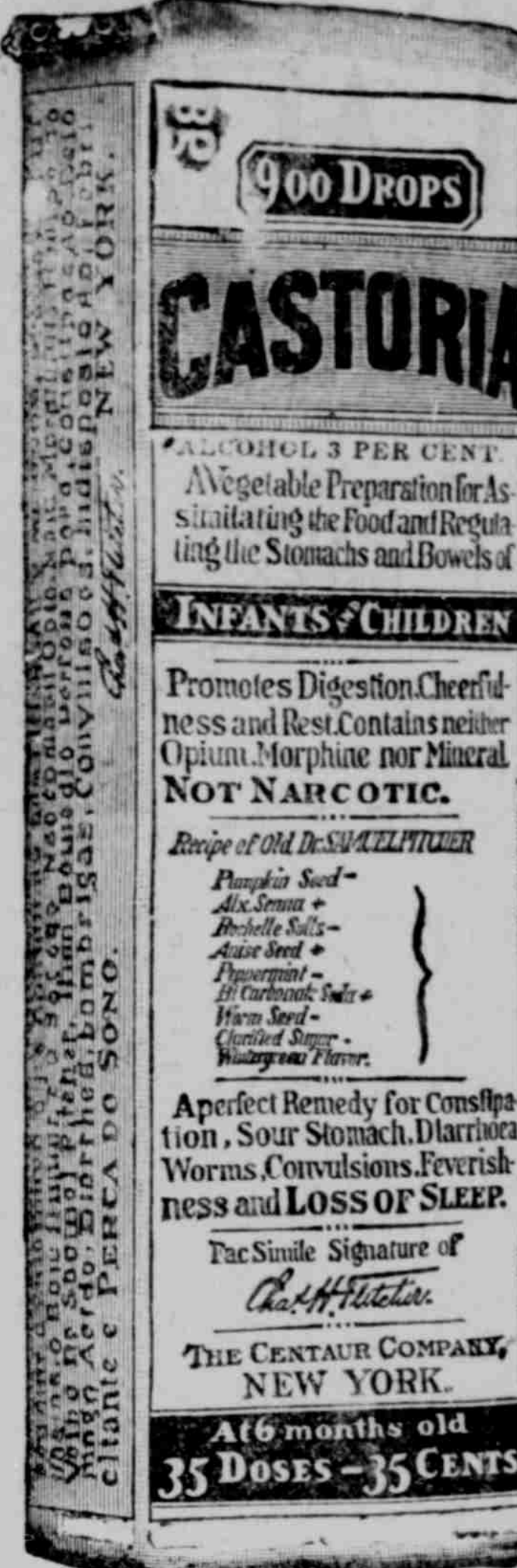
"Proof of the fact that the drys are opposed to this question being left up to all the people is much in evidence right now. Ex-Governor J. F. Hanly, of Indiana, accepted the nomination as president of the Prohibition party, but only on condition that the plank favoring the initiative and referendum should be eliminated. The initiative and referendum primarily stands for rule by the people instead of rule by the politicians."

"This is not only the attitude of Attorney Wheeler, but of Ex-Governor Hanly, presidential nominee of the Prohibitionists, who refuses to run as a candidate of that party until the plank granting rule by the people is eliminated from the platform."

AND STILL THEY DRINK.

Iowa has been "dry" nearly a year, now. Yet actual conditions in Iowa are illustrated by this squib from the Des Moines Capital:

Thirty-two persons were charged with intoxication in municipal court today. The arrests included those made Saturday and Sunday. Most of them pleaded guilty and were presented with fines or jail sentences.



## CASTORIA

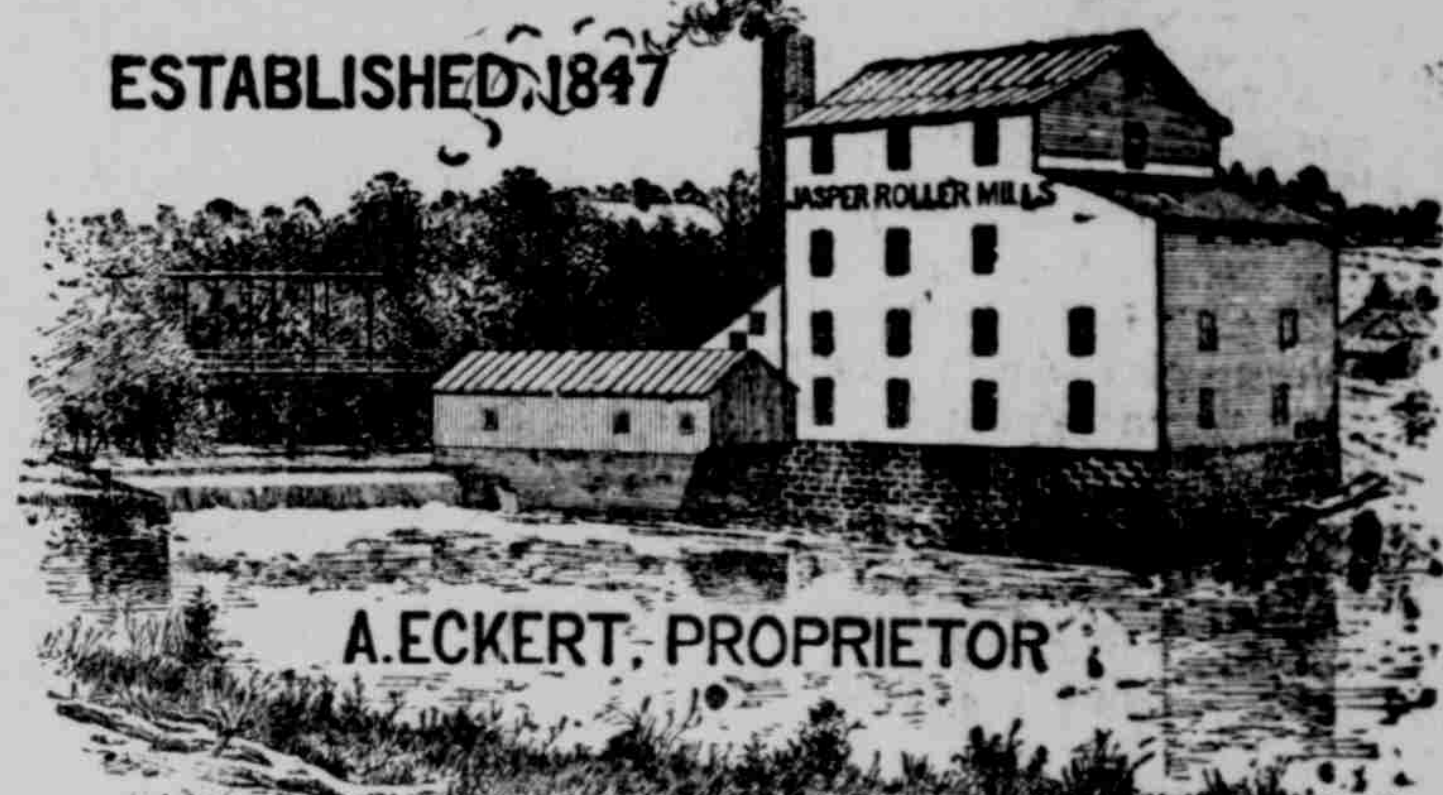
For Infants and Children

Mothers Know That Genuine Castoria

Always Bears the Signature of

*Chas. H. Fletcher*  
In Use For Over Thirty Years  
**CASTORIA**

## The Home of Patoka Lily



We are better equipped than ever to handle wheat. We offer you fair weights and grades, less unloading and courteous treatment. Come and see us. We always pay Highest market price.

**Jasper Roller Mills.**  
ANDREW W. ECKERT Prop'r.



AWAY up in the mountains of Western North Carolina are the beautiful and attractive resorts of Asheville, Black Mountain, Hendersonville, Brevard, Lake Toxaway, Saluda, Waynesville, (Lake Junaluska), Flat Rock, Hot Springs, and Tryon. Spend your vacation at one of these cool and delightful places or at Tate Spring, Tenn. Round trip Excursion tickets are on sale daily, good until October 31st, via

Special denominational Missionary and Bible Conferences at Black Mountain, Ridge Crest and Waynesville, N. C. (Lake Junaluska.)

**SOUTHERN RAILWAY**  
Premier Carrier of the South

Stop-overs allowed at all points. Three special Low Fare Excursions will be run during the summer. Ask for details. For full information see Ticket Agent, Southern Railway, or write B. H. Todd, District Passenger Agent, Louisville, Kentucky.



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